

THE LAST RUN OF 2024 & 50TH ANNIVERSARY OF THE EVENT

RUNNERS MEMORIAL RACE



DATE: TUESDAY, 31 DECEMBER 2024

VENUE: GREEN POINT LIGHTHOUSE, MOUILLE POINT

START: 06:30 / DISTANCE: 8KM

NAMES OF RUNNERS WHO HAVE PASSED AWAY IN 2023 & 2024 WILL BE READ OUT @ 06:15
(Please contact the organizers to add additional names to the memorial list)

ENTRY FEE: R95 ONLINE ENTRIES (www.webtickets.co.za)

R90 ENTRIES ON THE DAY (05:15 – 06:30)

CARD FACILITIES WILL BE AVAILABLE ON THE DAY

CUT-OFF TIME: 90 MINS

COMMEMORATIVE DRINKING GLASSES TO FIRST 1200 FINISHERS

This will be a plastic free event

The race supports the Carry your Own campaign and runners are encouraged to carry their own hydration packs or bottles

Only disposable cups will be available at the water table #RunClean

NO POSITION PRIZES WILL BE AWARDED

LUCKY DRAW PRIZES @ 08:00

NO CLUB COLOURS OR LICENSES REQUIRED

ENQUIRIES: FRANCOIS GOUWS – 083 236 8265

raceconvener@edgemeanrunners.org.za



RUN IN ACCORDANCE WITH WPA AND ASA RULES

- No race numbers will be issued.
- For safety reasons the use of personal music players with headphones is not allowed.
- Social walkers, dogs and prams are allowed but must please start at the back of the field so as to not cause an inconvenience for other runners.
- There will be one refreshment station available.
- Wheelchair athletes must please contact the organizers timeously to discuss arrangements for their participation.

Do not litter. Dispose of cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.

